



MINI
TRAINING
SERIES

Youth Marijuana Use

   @PYDCplymouth

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Marijuana refers to the dried leaves, flowers, stems, and seeds from the Cannabis sativa or Cannabis indica plant. The plant contains the mind-altering chemical THC and other similar compounds.

Marijuana is a complex plant that has many ingredients.



THC: Tetrahydrocannabinol

the major psychoactive ingredient in marijuana that is responsible for marijuana's psychological effects

CBD: Cannabidiol

non-psychoactive ingredient in marijuana that works in conjunction with THC to decrease psychoactive effects

WHAT ARE MARIJUANA (THC) CONCENTRATES?

A marijuana concentrate is a highly potent THC (Tetrahydrocannabinol) concentrated mass that is sometimes referred to as oil, budder, shatter, dabs, or wax.



While flower potency tends to range between 10-25% THC, a concentrate typically falls between 40-90%

WHAT ARE MARIJUANA EDIBLES?

Edibles are food products infused with marijuana. Smoking marijuana is the most prevalent method of consumption, but eating marijuana is quickly becoming a popular way to consume the drug.

Negative effects of edibles could include:



**Psychotic episodes
Hallucinations
Paranoia
Panic attacks
Impaired motor ability**

Research shows that marijuana use can have permanent effects on the developing brain when use begins in adolescence:



- *difficulty thinking*
- *issues problem solving*
- *impaired coordination*
- *short attention span*



Marijuana negatively affects a number of skills required for safe driving, such as reaction time, coordination, and concentration.